

# THE COMMUNICATOR

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Since January 1990

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November 2022

## Hall Of Fame

The Surry County Parks and Recreation Department in October announced its 2022 Surry County Sports Hall of Fame and Ring Of Honor inductees. The induction ceremonies are held each fall at Fisher River Park and Surry Community College and this year will be on Nov. 5.

This year's Sports Hall of Fame class includes:

- Marli Bennett, women's basketball player at East Surry High and Temple University, McDonald's All American, and National AAU Champion.
- Eddie R. Cobb, Mount Airy High School women's basketball coach, founder of the women's golf program at MAHS, and five-time Northwest Men's Basketball Coach of the Year.
- Charles Buster Cox, football player at Mount Airy High School and Duke University.
- Elder Manuel Jessup, men's basketball player at East Surry High School, Lees-McRae College, and Coastal Carolina University.
- Daniel Merritt, assistant coach at Surry Central High and Elkin High cross-country coach, three times Coach of the Year whose Elkin High teams won four MVAC Cross-Country titles.
- Derek Slate, ranked as Mount Airy High School's No. 1 tennis player, and scholarship tennis player at East Carolina University where he was the men's tennis team captain for three years.

The Ring of Honor recognizes administrators, teams, and organizations who have contributed to athletics in Surry County. The Class of 2022 inductees are:

- 2004 Elkin High Wrestlers. They were the 1-A Dual Team State Champions and remain the only wrestling teams from Surry County to win a state championship.
- A.M. "AB" Crater, legendary founder of the Elkin Recreation Department in 1950. He also was the first official director of Elkin Parks and Recreation, 1973-83. He played both baseball and basketball for the Chatham Blanketeers.

The Surry County Parks and Recreation Department administrators are Director Daniel White, Bradley Key, and Chrystal Whitt who always stage a best-ever event. Inductees' family members have reserved seating in the SCC Auditorium and

heavy hors d'oeuvres are provided by the SCC Cafeteria staff.

The Sports Hall of Fame was established in 2006. The Surry County Board of Commissioners chooses the Selection Committee that picks each class. The Selection Committee includes Paige Badgett, Dr. Myra Cox, Petie Davis, Linda Davis, Dave Diamont, Todd Dockery, Ronnie Eaton, Lin Hamilton, Rodney King, Darren Lewis, Adam McHone, Scott Reynolds, Tony Searcy, Robert Smith, and Jim Wilmoth.

Noteworthy facts about the Surry County Sports Hall of Fame are:

- The late Eddie Wilmoth, a founding member, was a driving force behind the Sports Hall of Fame's creation.
- Selection Committee charter member Petie Davis has attended every committee meeting.
- Associate Linda Davis is a key facilitator.
- Staff member Audine Royall played a key role until her passing in 2020.
- New staff member Genevieve Huttar recently joined the staff.

## Rituals

Near the end of October the Wilkes County Chamber of Commerce stages its annual Business Appreciation Breakfast. It's hosted by noted philanthropist and businessman Arnold Lakey who was a new hire at Lowe's Home Improvements near the time of its founding in 1946.

The Chamber was founded in 1959. It has 517 member businesses. Its Board Chairman is Randale Parsons of Gardner Glass Products. Other board members are Rich Voisinet, Jack Lynch, Craig Edwards, Chad Treadway, Mark Byrd, Landon House, Adam Foster, Laurie Brintle, Susan Bachmeier, Keith Deveraux, Jimmy Flythe, Alice Blankenship, Jessica Hendren, Debbie Smith, Tamika Parks, Matt Holcombe, Dave Barricklow, Brenda Blake, Bradley Meade, Morris Mayers, Doug Coffey, Tammie Shepherd, Shane Miller, Fred Costello, David Tilley, Daniel Vickers, and Greg Roark.

The Chamber staff is led by Executive Director Linda Cheek, Terrian Carter, and Cindy Meredith.

## Charity Benefit

On Oct. 6, WIFM Radio and the Elkin Rescue Squad staged our 15<sup>th</sup> annual fundraising golf tournament that netted \$51,141.00 to supplement the budget of our emergency outreach and mission in the Yadkin Valley area.

Our Elkin Rescue Squad, founded in 1941, North Carolina's second-oldest unit, is housed at 940 N. Bridge St. It has 26 fulltime members, all fully certified and trained volunteers.

For our ERS Charity Benefit Golf Tournament we are grateful to have the Cedarbrook Country Club in our proximity led by 39-year PGA Professional Zim Zimmerman. Every first Thursday in October, starting in 2006, we've had incredibly beautiful fall weather.

Our tournament breakfasts are provided by Bojangles of Jonesville. Carolina West Wireless sponsors a delicious lunch of hot dogs, hamburgers, and pasta salad prepared by Cedarbrook along with chocolate-chip cookies donated by Sheetz of Elkin. Highlight donations of the year were an assortment of hand tools provided by the late Howard Reynolds and his granddaughter Jennifer Gambill, two Adirondack chairs compliments of Home Acres Fine Furniture, and 10 gas-powered leaf blowers provided by Price Power Equipment. Our notable Goody Bags, the Yadkin Valley's most appreciated, include novelty gifts from 70 businesses in our area. Dr. Tom and wife Anne Fehring of Charlotte and the OrthoCarolina clinic's gift: a sleeve of three Titleist Pro VI golf balls for each player.

We are honored to share our volunteers:

### **Squad members**

Jeff Whitaker  
Mike Bovender  
William Rountree  
Tim Darnell  
Dwayne Darnell  
Jimmy Anderson  
Charlie Harris  
Chuck Holcomb  
Lois Suddreth  
Matthew Crane  
Justin Bowers  
Kevin Cheek

### **Volunteers led by Charlotte York**

Jerry Atkins  
Jennifer Chatham  
Joel Hooper  
Robby Timmons  
Jennifer Atkins  
Rudy Holbrook  
Liz Tilley  
Emily Antonecchia  
Harold Swaim  
Savannah Bohr

Sheila Settle  
Eddie Settle  
Craig Smith  
Hole-in-one sponsor on Hole No. 8 was Mount Airy Toyota and Hole No. 17's sponsor was Simmon Nissan of Mount Airy.

## Tim Gurganus

In the fall of 2004 I met Tim Gurganus, the incomparable manager of Bojangles Jonesville that had opened in 1996 and was our state's perennially top-rated franchise. Meeting Tim was a life-changing day. He is the best store leader I've known.

Tim spent his entire professional career in the retail hospitality arena. A graduate of West Forsyth High School, he was a star basketball player and enjoyed learning. He joined mentor Jack Fulk to start a fast food odyssey in Jonesville that will never be equaled. With sales and profitability that garnered national and state attention, the Bojangles at Jonesville will forever maintain superstar status!

Talking to Tim, which I did at least weekly for 18 years, he would often share the Gurganus Way. He said, "We were fanatical about keeping things simple. Customers want quality, value, and service, and we did that day in and day out better than 99% of our rivals. We had confidence in our delivery and spent no time fretting about what others were doing. Attracting good people is where our success started. Having associates who have my desire to be the best has provided me with a career with few regrets. We had high expectations of our people and everyone knew what we had to do to win, and win we did. Looking back, we lived 'come-true' dreams and we were the best. We have supported many nonprofits. We are blessed."

At Tim's retirement on Oct. 1, the Bojangles in Jonesville was sold to the Gary Huffman Group of North Wilkesboro.

## Dr. Jim Harrell Sr.

Life blesses us with beautiful influencers. Dr. Jim Harrell Sr. chose to show me a new way. I recently found this note he passed my way:

"Thank you, God, that we have been given the gift of encouraging people around us. With Your help, we will make every day beautiful by some small acts of love and kindness toward others. We cannot all do great things, but we can do little things great."

—Repeated by Coach Dean Smith

Life always offers us a second chance; it is called tomorrow.

Greatness cannot be born; it is grown.

Let us not strive to be a success, but rather let us strive to be people of value.

## Sunday School

Bi-weekly, I am honored to present our Mount Airy Friends Bible Study class. Our lesson for Oct. 23 was the life of the prophet Jeremiah. I usually bring several 11"x17" laminated photos that highlight the good that folks are doing. Several are:

- Anita Darnell, Jonesville town board.
  - Misty Matthews, Yadkin Valley Chamber executive assistant.
  - Tony Martin, Surry Community College Chief Financial Officer.
  - Tim Gurganus, Bojangles in Jonesville.
  - David Brown, videographer.
  - Betty Taylor, Grace Clinic Director.
  - Rebel Good, journalist, tennis referee.
  - Jeremiah Price, Surry Central High School wrestling champion.
  - Libby Price, Price Power Equipment.
  - Home Acres Furniture, Adirondack chairs.
  - Bible class members at Mount Airy Friends.
  - Clayton and Carol Hall.
  - Jeffrey Kostitch, Canton, Ohio.
  - Mount Airy Police at Mayberry Days.
  - Melissa Daly, Our State Magazine receptionist.
  - Dale Folwell, N.C. Treasurer.
  - Marty Driver, Yadkin County nonprofit leader.
  - Surry Community College staff at Yadkin Center.
  - Howard Reynold's Celebration of Life Christian Flag Blanket.
  - John Rees, gifted musician.
- Some memorable objects are captured in photos, too. Among them:
- Zesta Saltine Crackers.
  - Plaque bearing Psalms 23:5
  - 13 Bones Family Restaurant's catering van.
  - Tobacco crop before frost.
  - Football field striping robot at East Forsyth High School.

## Bill Cassell

A good friend at White Plains School in the 1950s was Bill Cassell who lived beside the Friends Church and down 601 near the Post Office, was a bus driver, and was a sharp dresser. His ever-present smile filled every room with cheer. Seeing him was a "Splash of Joy."

His career was at N.C. Foam Industries. His vocation was keeping our community safe by being a volunteer fireman. He joined the White Plains Volunteer Fire Department in 1960 and served for 62 years, including several stints as assistant chief.

Near his casket at the viewing were three of his fire hats and a certificate from the North Carolina State Fire Marshal. He always brought good cheer and a kind word.

## Splash Of Joy

In our everyday life we often encounter more struggles than joys. It seems we face a storm of some sort at every turn. It is important to remember that even with all the storm clouds and rain, we do get a glimpse of a "Splash of Joy." This "Splash of Joy" may come in the form of a song or a scripture verse with special meaning to you. It may come from a card received in the mail for no reason or from a pat on the back from a friend. Your "Splash of Joy" may be a friend who is always there for you no matter what problems you face.

Well, to me YOU are a "Splash of Joy." You put a smile on my face and a song in my heart. Keep this little "Splash" handy as a reminder first of all that you are a "Splash of Joy" to others and then also to remind you, sometimes we need a reminder of the "Splashes" around us.

## Stephen Ministry Values

Posted in a hallway at the North Wilkesboro United Methodist Church is a placard that highlights the Methodist Stephen Ministry's goals. They are:

- Offer Christian friendship and love.
- Listen.
- Encourage.
- Keep confidences.
- Pray.
- Support.

## The Communicator's Word Match Game

Match the word with its definition

- |                        |                  |
|------------------------|------------------|
| 1. ____ pretense       | A. trivial       |
| 2. ____ modicum        | B. seize the day |
| 3. ____ apex           | C. worn          |
| 4. ____ staid          | D. disrespect    |
| 5. ____ nurture        | E. friend        |
| 6. ____ carpe diem     | F. top           |
| 7. ____ tuxedo         | G. joined        |
| 8. ____ steward        | H. caretaker     |
| 9. ____ Quaker         | I. calm          |
| 10. ____ flippant      | J. placate       |
| 11. ____ trifling      | K. sedate        |
| 12. ____ prodigal      | L. field hand    |
| 13. ____ quaint        | M. ball          |
| 14. ____ stoic         | N. affirm        |
| 15. ____ erode         | O. little bit    |
| 16. ____ high net      | P. honey         |
| 17. ____ conjugate     | Q. wasteful      |
| 18. ____ pickle        | R. charming      |
| 19. ____ vouch         | S. encourage     |
| 20. ____ preponderance | T. wealthy       |
| 21. ____ appease       | U. greater than  |
| 22. ____ gleaner       | V. masked by     |

Answers are on Page 7.

## Doing Good

Recently going to help a friend, I gathered a few photos to share the goodness in people we know. They include:

1. Jeremiah Price and his grandmother Libby Price. He is a three-time NCHSSA wrestling champion from Surry Central High School who has accepted a scholarship to Appalachian State University in 2024. Mrs. Libby is our region's premier businessperson who, along with husband Robert, owns Price Power Equipment Co., our area's top retailer.

2. A plaque seen on the wall at Elkin's LifeStore Insurance Services that reads: Always be honest, be kind, keep our promises, smile, say please and thank you, be grateful, smile, do our best, work hard, forgive and forget, love, be happy, say our prayers, show grace, and speak truth.

3. Rebel Good who for 30 years led the outstanding Elkin Tribune and in 2023 will be inducted into the North Carolina Tennis Association Hall of Fame. He has refereed several U.S. Open Tournament matches and oversees the assignment of more than 500 tennis referees nationwide.

4. A splendid picture of the Christian Blanket on Howard Reynolds' casket at his Celebration of Life at the Little Elkin Baptist Church. I was honored to be a eulogist at his funeral.

5. Desk decoration at the Northern Regional Hospital's registration room that reads: "Enjoy the Little Things and Choose Happy."

6. The Speedy Chef team at the 2022 Elkin Rescue Squad Charity Golf Tournament. It featured its Coach John R. Hall, 94.

## Heroes Everywhere

Rebel Good moved to Elkin to join the local newspaper, The Elkin Tribune. Educated in journalism at University of North Carolina-Chapel Hill, he aspired to transparency, open meetings, and looking for the good in people, places, and things.

During an interview reflecting on his induction into the N.C. Tennis Association Hall of Fame, I asked him to share his words to a young reporter journalist. He said, "We lived by this adage: Remember to always ask one more question. Why? Because we never know when that powerful nugget of truth will be exposed."

## "Buck" and Faye

In 1956, the Surry County high schools held their annual basketball tournament at the Reeves Center in Mount Airy. This was three years before school consolidation that led to the opening of North

Surry High School in 1959, East Surry High School in 1960, and Surry Central High School in 1961.

The Christmas Gala included boys and girls teams from the Beulah, Copeland, Dobson, Flat Rock, Franklin, Lowgap, Mountain Park, Pilot Mountain, Shoals, Westfield, and White Plains communities. SRO crowds packed the county's largest gym, and competition was intense. Sportsmanship abounded.

I'll cherish the memories of two legendary players. The Flat Rock boys' star was Glenn "Buck" Goad, and the Copeland girls were led by Faye Danley. Buck had a one-handed set shot he would launch from "downtown." Faye's prowess as a point guard dominated the floor, and we'll always remember her pony tail. Those days fill my heart to this day.

## Coach Maynard

A favorite picture above my desk is that of Coach Stuart Maynard, a true legend who witnessed, influenced, and led people at Guilford College for more than 40 years. Below is a letter written to his family:

May 15, 2013

Ruth Maynard & the Maynard Family  
907 Woodbrook Drive  
Greensboro, NC 27410-3247

Dear Mrs. Ruth,

Coach encouraged us to do, be and give our best. He championed the underdog, expected us to exceed our potential, and honored us by seeing only our goodness. His relationships were steadfast and enduring; he was sensitive to our needs and forgave our shortcomings. We were drawn to his gratitude, honesty, humility and love. He sought ways to serve God, family and friends. Coach held us in the Light and believed there was that of God in all of us!

## The Friendship Book

Most of us like to keep our independence. "I don't want to be a nuisance to anyone," we hear an elderly or disabled person say. Yet there are occasions when interdependence is more blessed.

I saw a couple approaching a busy road crossing. He was blind, and she was extremely lame, moving with difficulty, and only able to do so by holding on to his up-bent arm. Together, though, they crossed the road in safety. She was his sight, and he was her strength.

Going it alone they could have been defeated, but together they were successful.



## Photo Lecture

In my office at WIFM, 813 N. Bridge St. in Elkin, are countless head shots of many who've blessed my life. I'll share a few:

1. Hayes Ratledge, a motivational speaker whose mastery of name recall is legendary.
2. Stuart "The Rock" Maynard coached and mentored at Guilford College for 43 years.
3. Johnny Sanders, always mentioned as one of Mount Airy High School's toughest hitters, also starred at Catawba College. The late Sam Moir stated, "He hit baseballs harder than anyone I've known."
4. Don Snow, noted Surry County retiree whose barbeque ranked as best ever, is the father of West Forsyth High School Head Coach Adrian Snow.
5. Terry Holder worked third shift at Neighbors #3 for 23 years and never missed a day.
6. Petie Davis grew up in the Copeland community and graduated from Surry Central High School. A member of the Surry County Sports Hall of Fame, he served the Surry County Schools for 39 years as an outstanding teacher, coach, and public school bus administrator.
7. Rodney Shore, arguably American Legion Baseball team Surry Pride's most dominating pitcher, was a renowned closer. He beat Concord 1-0 in our most-talked-about game. In nine innings he gave up two hits and no walks.
8. The late Ralph Williams led efforts to secure \$600,000 in grants to rehabilitate and modernize Mountain Park recreation facilities. He was a true visionary, relentless and tenacious in his efforts.
9. The late Lewis Alexander, attorney at law and guiding light, served more than 30 years as Elkin's town attorney, a Chatham family mainstay, and an award-winning lay tennis coach. He has mentees in every Hall of Fame.

## Gerald Plaster

Gerald Plaster and I chat from 5:30 to 6:30 a.m. each weekday at the Armfield Recreation Center in Pilot Mountain. He grew up near Stokesdale, graduated from Northern Guilford High School, spent a tour in Vietnam, and had a healthy career as a mechanic for UPS. From him I learned the most expensive hand tools are Snap-On, No. 2 is MAC, and Cornwell is No. 3. Most businesses require a mechanic to own his or her own tools, and on-the-job training teaches one the variety needed to do the job. Gerald also helps son Allen manicure the East Forsyth High School football field with a satellite monitored robot.

Gerald has gotten his monthly haircuts at Checkers Hair Gallery owned by Johnita Bennett for 40 years since the shop opened in Kernersville. It has 14 beauticians.

## Team Players

Being part of a productive, rewarding work team takes a lot of thought and consistent effort. These values help:

1. Keep my word. Exceed what we promise. Deliver consistently.
2. Keep confidences. Never gossip or criticize others.
3. Carry my part of the load. Do my job and then some.
4. Be a friend. Take coworkers' interests to heart. Be a good listener.
5. Never make a co-worker look bad. Everyone knows who's doing the work.
6. Do something special. Help teammates when possible. Volunteer to help others.
7. Don't second-guess a co-worker. Time usually reveals the truth.
8. When someone has a great idea, let them know. If we are asked, be tactful.
9. Be considerate of others. It's a version of The Golden Rule.
10. Look for the good in others. It's not hard to find. Give people the benefit of the doubt. Never jump to conclusions.
11. Let ourselves be vulnerable and show our weaknesses.
12. Tell honest stories that show our strengths and weaknesses.
13. Ask favors often. Each of us has skills.

## The Plain Dealer

1. Life is too short to hate someone.
2. Stay in touch with our friends.
3. Pay off our credit cards monthly.
4. Agree to disagree.
5. Cry with someone.
6. Save for retirement.
7. Make peace with our past.
8. It's OK to let our children see us cry.
9. Everything can change in the blink of an eye.
10. Take a deep breath.
11. Burn the candles and use the nice sheets.
12. Over-prepare and go with the flow.
13. We are in charge of our happiness.
14. Friends are family we choose for ourselves.
15. Forgive everyone everything.
16. Time heals almost everything.
17. Don't take ourselves so seriously.
18. Believe in miracles.
19. Our children get only one childhood.
20. Make sure we love.
21. Envy is a waste of time.
22. The best is yet to come.
23. Dress up and show up.
24. Yield.

## Richard Hardy Memorial

The Salem Fork Christian Church CMF will stage a charity golf tournament at Silo Run on Nov. 12 at 11 a.m. Team cost is \$320 with free BBQ lunch. All proceeds go to community outreach. The first-place prize is \$800. Event sponsorships are Silver, \$500; Bronze, \$200; and Hole Sponsor, \$100.

With questions call:

Jim Wilmoth, 336-406-4414

Robert Myers, 336-401-1337

Matt Wilmoth, 336-244-7688

Austin Caviness, 336-793-6765

Silo Run, 336-469-6195

Remember, four-man teams, shotgun start, 11 a.m.

## How It Works

Our lives are filled with many, many interesting people. Some people, like me, thrive on meeting and making new friends. We cross paths and follow first impressions or instant likeability. Developing relationships are mostly with those who have similar interests as ours and those who can forward our mission. I'll mention a few:

1. The late Eddie Dorsett was like my second dad. The consummate listener, his interest in others was amazing. We longed to be in his company.

2. Dr. Roger Kerley attended every deceased patient's viewing. His empathy skills are astounding. Dealing with grief was his station in life. When he enters the room at Moody's, all is well.

3. Eric Jessup is a natural-born leader who always has the right answer to any and all inquiries. Whether one is bringing sugar or vinegar, Eric has an open-door policy. His sincerity invites large followings. We can't get enough of his communication skills. We met in 1993, and he always makes me a better person as we visit. Make sure he's on the bus!

4. Allen Creed of C.J. Young Co. came to us as a technology equipment representative. He'd stop by to say hello for several years. Then one day we were looking for a new copier provider as ours exuded radical indifference. Allen promised a one-hour maintenance response time. He also has local roots and asked to be a part of our team.

## Surry Beekeepers

North Carolina has the nation's largest number of beekeepers, and Jim Hughes and Eugene Brown came to WIFM recently for an interview. A certified beekeepers' class staged by Surry County Extension Service's Joanna Radford will start in February. Call 336-401-4625 for date and times.

Some facts about beekeeping:

- On the Zephyr-Mountain Park Road near the Bill Hall Bridge over the Mitchell River is a Bee Park where members learn and train and develop outstanding queen bees that are shared with area hive owners needing to replace a queen.

- The average life of a worker bee — all are females — is 10 days.

- Sourwood honey is unique to our area as the nectar source only grows here.

- Noted beekeeper Paul Madren of Mount Airy is one of only 14 Master Craftsman Beekeepers in the State of North Carolina. Master Craftsman Beekeeper is the N.C. State Beekeepers Association's highest earned certification.

- 70 percent of all the food we eat is pollinated by bees.

WIFM in conjunction with the Surry County Beekeepers is developing ideas to be used in a radio program to raise the awareness of the importance of bees and the threat of extinction they face daily.

## The ABCs Of Happiness

**A**spire to reach our potential.

**B**elieve in ourselves.

**C**reate a good life.

**D**ream about what we might become.

**E**xercise frequently.

**F**orgive honest mistakes.

**G**lorify the creative spirit.

**H**umor ourselves and others.

**I**magine great things.

**J**oyfully live each day.

**K**indly help others.

**L**ove one another.

**M**editate daily.

**N**urture the environment.

**O**rganize for harmonious action.

**P**raise performance well done.

**Q**uestion most things.

**R**egulate our own behavior.

**S**mile often.

**T**hink rationally.

**U**nderstand ourselves.

**V**alue life.

**W**ork for the common good.

**X**-ray and carefully examine problems.

**Y**earn to improve.

**Z**estfully pursue happiness.

## Truism

God said, "Your task is to build a better world."  
"How?" I replied. "This world is such a large, vast place, and there is nothing I can do."

But God in all His wisdom said, "Just build a better you."  
[Shared by Ray Earnhardt]

## Fred Norman

In a short note about himself, the late Fred Norman submitted: "Wife Nan and children Foley, Freddy, and Nancy. Graduated from Elkin High and attended UNC-Chapel Hill. Entered the Army in 1943 and served with Gen. Patton as a tank gunner and was in the Battle of the Bulge. At the war's end, while in Berlin, saw Winston Churchill, Harry Truman, Joseph Stalin, and Dwight Eisenhower Sr. Was an Eagle Scout at 14 and Scoutmaster for 26 years. Was a trustee of HCMH [Hugh Chatham Memorial Hospital] for 30 years and led the construction of the new hospital in 1973. Was a member of the Elkin City Board, the Morehead Scholarship Committee, a 70-year member of the Elkin First Baptist Church, and honorably served the Chatham Manufacturing Co." Might I add, Fred Norman was kind, selfless, and a true man of God.

## Nobel Prize

In 1895 through his will, Swedish industrialist, innovator, and entrepreneur Alfred Nobel established and endowed five Nobel Prizes to be awarded annually including the Nobel Peace Prize. Its current value is about \$1 million.

The Rev. Jack Abeelen shared this story: When Nobel's brother Ludwig passed in 1888, several newspapers incorrectly published Alfred's obituary that featured the accomplishments of Alfred rather than those of his brother. Alfred's most notable invention was the development of dynamite. Saddened and dismayed by his notoriety, he immediately sold off his patents and holdings and funded the Peace Prize. His beneficiaries are rewarded for trying to make peace instead of war.

In Max Carter's peace testimony he shares George Fox's efforts to "let's try love before we start a war." A history professor at Guilford College, Dr. Ed Boroughs, at draft age during World War II, refused the conscientious objector status and served his enlistment years in prison, stating, "Regardless of the government's position on my military service, I'm against war. I'll go to prison before I'll enlist and do no-combat service." He said to me in 1963, "I spent two years with murderers, rapists, and evil people before serving in the military." Max served the Friends School in Ramallah, Palestine, during the Vietnam years.

## A.A. Promises

In 1939, Bill W. and Dr. Bob of Akron, Ohio, wrote and published Alcoholics Anonymous's "The Big Book." My copy was gifted me at the Charlotte Treatment Center on May 8, 1986, and is filled with encouragement from Willie R., my roommate from Andrews, S.C., and Richard B. of Cullowhee, N.C.

The three most relevant offerings in The Big Book are the 12 Steps, 12 Traditions, and 12 Promises on pages 83 and 85. The Promises are worthy of discerning daily. They are:

1. We are going to know a new freedom and a new happiness.
2. We will not regret the past nor wish to shut the door on it.
3. We will comprehend the word "serenity" and we will know peace.
4. No matter how far down the scale we have gone, we will see how our experience can benefit others.
5. That feeling of uselessness and self-pity will disappear.
6. We will lose interest in selfish things and gain interest in our fellows.
7. Self-seeking will slip away.
8. Our whole attitude and outlook upon life will change.
9. Fear of people and of economic insecurity will leave us.
10. We will intuitively know how to handle situations which used to baffle us.
11. We will suddenly realize God is doing for us what we couldn't do for ourselves.
12. These promises are being fulfilled among us, sometimes quickly, sometimes slowly. They will materialize if we work for them.

## A Family Is

*By Manny Feldman*

A family is... a deeply rooted tree with branches of different strengths all receiving nourishment from an infinite source.

A family is... where character is formed, values are learned, ethics are created, and society is preserved.

A family is... where all members contribute and share, cooperate and work, and accept their responsibilities toward the good of the group.

A family is... where holidays are celebrated with feasting, birthdays are acknowledged with gifts, and thoughts of days gone by kept alive with fond remembrances.

A family is... where each can find solace and comfort in grief, pleasure and laughter in joy, and kindness and encouragement in daily living.

A family is... a haven of rest, a sanctuary of peace, and most of all, a harbor of love.

## Word Match Answers

*From Page 3*

- |      |       |       |       |       |
|------|-------|-------|-------|-------|
| 1. V | 6. B  | 11. A | 16. T | 21. J |
| 2. O | 7. P  | 12. Q | 17. G | 22. L |
| 3. F | 8. H  | 13. R | 18. M |       |
| 4. K | 9. E  | 14. I | 19. N |       |
| 5. S | 10. D | 15. C | 20. U |       |

# The Communicator

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RETURN SERVICE REQUESTED



*"I will give thanks  
to the Lord with  
all my heart"  
Psalms 111:1*

*Have a Blessed &  
Happy Thanksgiving!*

**100.9**  
**WIFM**  
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